

County Resource Centers

See our advocates at these offices:

Metro (Downtown)

1130 Tenth Avenue
San Diego, 92101

[Map: Metro Family Resource Center](#)

South Region Center

690 Oxford Street
Chula Vista, CA 91911

[Map: South Region Family Resource Center](#)

El Cajon

220 S. 1st Street
El Cajon, CA 92019

[Map: El Cajon Family Resource Center](#)

North Coastal

1315 Union Plaza Court
Oceanside, CA 92054

[Map: North Coastal Family Resource Center](#)

For info and how to apply, visit the [San Diego County General Relief homepage](#).