

Are you  
satisfied  
with your  
mental  
health  
services?

**If not,  
we can  
help.**



# Learn your rights under state and federal laws



As the county designated Patients' Rights Advocate, we investigate issues with outpatient mental health care such as:

- **Access to needed services including clubhouses, clinics, and health plans**
- **Termination or reduction of care**
- **Problems getting medications, appointments, and treatment**
- **Quality of care from staff**
- **Confidentiality**

**All our services are free.**

Call us at:

**(877) 734-3258**

**Consumer Center for Health Education & Advocacy**  
A Project of The Legal Aid Society of San Diego, Inc.

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