

# No Health Insurance?

If you've been recently hospitalized at one of the Scripps hospitals, you may be eligible for Medi-Cal, County Medical Services or the Insurance Marketplace such as Covered California.

## Medi-Cal

To find out if you qualify, either go to the nearest Family Resource Center (FRC), call 2-1-1, or visit the Medi-Cal website ([www.benefitscal.com](http://www.benefitscal.com)). Phone appointments are not accepted. You also can apply in the same office for food stamps and General Relief.

### Nearby locations:

4588 Market St., San Diego, CA 92102

1255 Imperial Ave., San Diego, CA 92101

7065 Broadway, Lemon Grove, CA 91945

## Covered California

Created by the state to help you and your family get health coverage, quality health insurance is offered through an easy-to-use marketplace. The Affordable Care Act provides a number of ways to help make coverage more affordable and fit your needs and budget. For individuals, financial assistance is available on a sliding scale with more support for those who earn less. For more information, visit [www.CoveredCA.com](http://www.CoveredCA.com) or call (800) 300-1506.

## County Medical Services (CMS)

Covers physical health issues only. You have 30 days from the hospital admission date to make an appointment for evaluation. Call the CMS Patient Service Line at (800) 587-8118 to schedule an appointment.

## Our Services Are Free!

Call us toll free at  
(877) 734-3258

*Yessica Sandoval*  
(619) 471-2773

or

*Miriam Cuperman*  
(619) 471-2654

## Financial Assistance

You may apply for charity funds or a discount program by calling Scripps Financial Services at (800) 690-9070.

If your application is approved, you will receive assistance paying the hospital bill.



## County Behavioral Health

To find information about what services you are eligible for, call the San Diego Access and Crisis Line at (888) 724-7240.

## Mental Health Parity

Mental health parity laws state that health care for mental health and substance use disorder must be covered under the same terms as physical health care including co-payments, deductibles, out-of-pocket expenses, treatment limitations, prior authorization requirements, frequency of treatment, access to medications, and days of coverage. If your health plan is not providing equal coverage, call the Consumer Center at (877) 734-3258.

## Supplemental Security Income (SSI)

Apply in person at the local Social Security office or receive help with the application process at certain psychosocial clubhouses. Call the Legal Aid Society's toll free number (877) 534-2524 for additional information about the application process and to locate the nearest clubhouse. If granted SSI, you will also receive Medi-Cal.



The Consumer Center for Health Education and Advocacy,  
a project of the Legal Aid Society of San Diego, Inc.  
Funded by the County of San Diego, Scripps Health and  
The California Endowment



# We Can Help You Obtain SSI Benefits



If you are receiving General Relief benefits, the Legal Aid Society of San Diego SSI Advocacy Program can help you:

- Fill out the SSI application and appeal forms
- Represent and help you through the SSI application process
- Find out what is happening with your SSI claim
- Try to find a doctor to treat you
- Refer you to other agencies that can help you

Advocates are located at several county Health and Human Services Agency offices.

Walk-ins welcomed at:

1130 Tenth Avenue  
San Diego, CA 92101  
Mon & Tue, 9 am – 4 pm  
Wed – Fri, 9 am – 12 pm

690 Oxford Street  
Chula Vista, CA 91911  
Mon, 9 am – 12 pm  
Wed - Fri, 9 am – 12 pm

220 S. First Street  
El Cajon, CA 92019  
Wed, 9 am – 12 pm  
Fri, 9 am – 4 pm

1315 Union Plaza Ct.  
Oceanside, CA 92054  
1st & 3rd Thurs, 9 am – 4 pm

If you are not receiving General Relief benefits, we may be able to assist you through one of the psychosocial clubhouses listed below.

Clubhouses are programs for consumers with mental health conditions. Six county-contracted clubhouses have SSI advocates available to assist with applications and appeals. Applications are then forwarded to Legal Aid Society for representation. Contact a clubhouse nearest you for assistance:

### Mariposa Clubhouse

560 Greenbrier Drive  
Oceanside, CA 92054  
(760) 439-2785  
*Serving North Coastal*

### The Meeting Place

2553 State Street  
San Diego, CA 92101  
(619) 294-9582  
*Serving Central San Diego*

### Escondido Clubhouse

474 W. Vermont Avenue  
Escondido, CA 92025  
(760) 737-7125  
*Serving North Inland*

### Friend to Friend Program

2144 El Cajon Boulevard  
San Diego, CA 92104  
(619) 228-2800  
*Serving Homeless in Central San Diego*

### East Corner Clubhouse

1060 Estes Street  
El Cajon, CA 92020  
(619) 631-0441  
*Serving East County*

### Casa Del Sol

1157 30th Street  
San Diego, CA 92154  
(619) 429-1937  
*Serving South Bay*

## Our Services are Free!

If you have any questions about our SSI programs, call Legal Aid Society at toll free (877) 534-2524.



Funded by the County of San Diego Health and Human Services